

# USPC Prep Guide D-3 2009



Name: \_\_\_\_\_



This prep outline has been developed to help you cover the Horse Management aspects of the D3 Test. The riding aspects are listed for your information and you may want to check off the skills as you accomplish them; however, the region's Ratings Checklists are intended to be utilized for the riding portions of the test. The Horse Management area has plenty of space provided for you to fill in the answers. It is helpful for you to do this exercise because it not only gives you a great review format but it helps you organize your thoughts and put them on paper. This reinforces the knowledge and helps you verbalize your thoughts in the testing section. Please practice verbalizing your answers. Show your guide to your head instructor, DC and anyone else with horse knowledge because they will add bits and pieces of their experience and aspects that you may not have considered. The test will often ask for only a few of the multiple answers to the questions, but for this guide it is in your best interests to provide as many as you can. Also review all of the preceding prep-guides (D1-D2) in preparation for you testing, as any of that information may also be asked. ***\*\* Please note that changes to the Standards of Proficiency for 2009 are noted in lowercase, bold and italics \*\****

## RIDING TEST EXPECTATIONS

***Candidate should ride in a basic balanced position with control at the walk, trot, and canter. Candidate should maintain a secure base of support while developing balance and a steady position over fences.***

### RIDING ON THE FLAT

- ◆ Ride on the flat using 'Riding Test Expectations'
- ◆ Demonstrate correct mounting (using mounting block if necessary).
- ◆ Demonstrate emergency dismount at the ***trot***
- ◆ Adjust stirrups and girth with feet in stirrups while mounted at the halt
- ◆ Perform balancing and suppling exercises for rider at walk and trot
- ◆ Ride without stirrups at the sitting trot
- ◆ Demonstrate a ***halt followed by*** a simple step back
- ◆ Perform 20-meter circle in both directions, at walk, at sitting and rising trot with correct diagonals, and at canter with correct leads
- ◆ Demonstrate increase and decrease of speed, ***alone or with others as appropriate***
- ◆ Demonstrate round 20 meter circles showing correct positioning in both directions at walk, sitting and rising trot with correct diagonals, and at the canter with correct leads. Discuss performance with examiner.

### RIDING OVER FENCES

- ◆ Ride over fences using 'Riding Test Expectations'
- ◆ Trot over ***small gymnastic grid*** of trot poles, followed by cross rail, ***then a vertical set at, but not to exceed, 2'6***, striding adjusted to mount

- ◆ Jump a simple stadium course of 5-7 obstacles. *The majority of the fences should be set at*, but not exceed 2'6"
- ◆ Discuss performance, reasons for any disobedience

### **RIDING IN THE OPEN**

- ◆ Ride safely with a group, at the walk and trot, over varied terrain, through shallow water and small ditches as occur in natural terrain (ditches to be unrevetted)
- ◆ Jump **4 to 5** simple cross country obstacles, *the majority of which should be set at*, but not exceed 2'6"
- ◆ D-3 speed should not exceed 240 meters per minute or 300 meters per minute appropriate for size of mount
- ◆ Discuss ways to control a mount in the open
- ◆ Discuss performance with Examiners

### **HORSE MANAGEMENT EXPECTATIONS**

*The candidate should be able to demonstrate simple skills without assistance, and to discuss care of the mount, using common horse terms.*

### **RECORD BOOK**

The D-3 is expected to keep careful records of veterinary visits, and general health of mount.

- ◆ Record Book must be brought to the test.
- ◆ A minimum of three months of records are required. Records should reflect appropriate depth of knowledge for this level.

### **TURN OUT/TACK**

- ◆ Rider in safe and neat attire.
- ◆ Describe formal and informal attire.
- ◆ Mount to be well brushed and clean, with feet picked out, showing farrier care. Mane and tail to be brushed; eyes, lips, nose and dock wiped.
- ◆ Tack to be properly adjusted, safe, and clean. No jockeys or dust, stress points, stirrups pads and bit clean.

Describe how to properly adjust tack:

Saddle:

Saddle pad (also called \_\_\_\_\_):

Bit, including curb chain if used:

Browband & Crownpiece:

How to properly adjust tack (continued):

Throatlatch:

Cheekpieces:

Noseband/Cavesson:

Breastplates or martingales if used:

Describe correct attire:

Formal:

Informal:

### **CONDITIONING/NUTRITION**

Discuss the amount of roughage and the amount of concentrates per ration for own mount:

List 7 basic rules of feeding.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Describe care of mount after strenuous work:

Cooling out:

Inspection of legs:

Watering:

Feeding:

***Know the vital signs of mount at rest:***

***Temperature:***

***Pulse:***

***Respiration:***

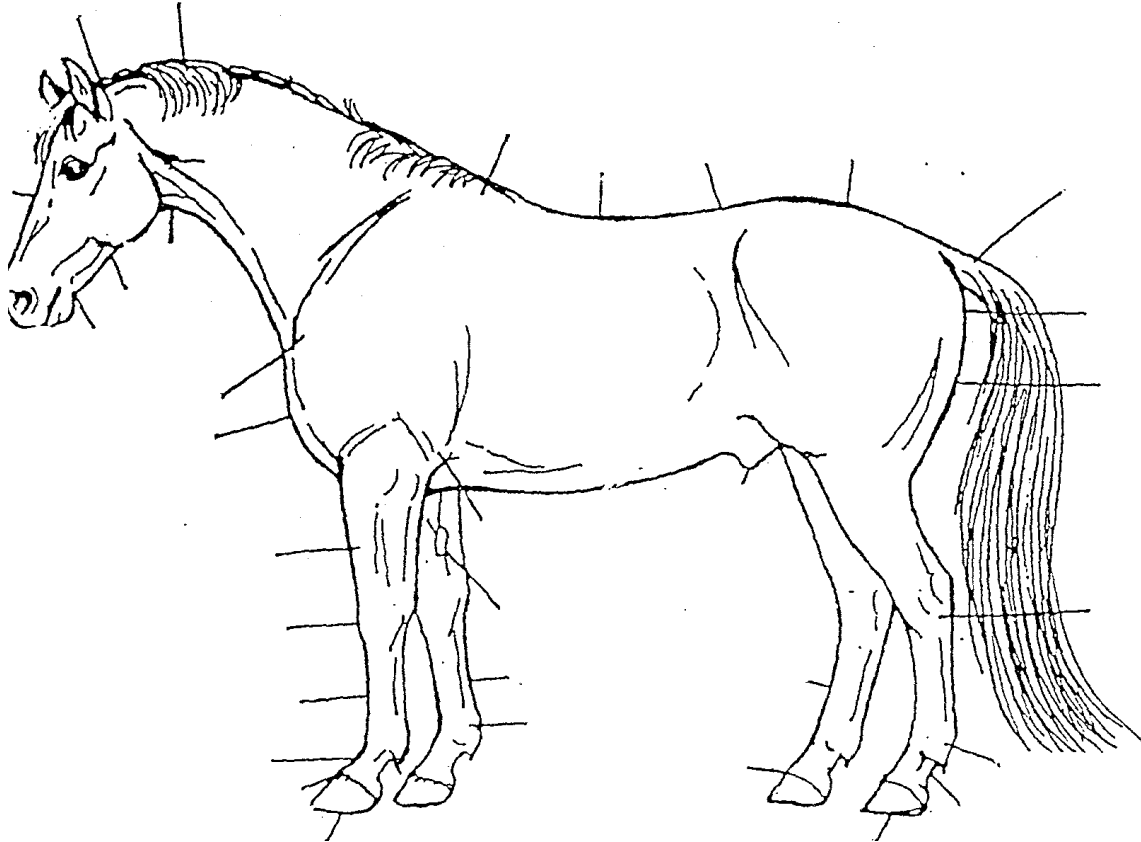
## **STABLE MANAGEMENT**

Describe how to clean and bed a stall giving reasons for each step:

Describe proper methods of hanging a hay net *and water bucket*, and the dangers of improper hanging. *Discuss the different needs of your horse during a one day rally or clinic and an overnight stay:*

## **PONY PARTS, CONFORMATION & LAMENESS**

Identify at least 20 parts of the mount, to include hock, gaskin, withers, croup, fetlock, pastern, etc:



Describe how to measure height of mount:

Give common conformation faults of:

Head:

Neck:

Shoulder:

Back:

Pasterns:

Describe the characteristics of a strange mount clearly enough for another person to recognize it within a group.

Color:

Breed:

Identifying markings:

Size:

Sex:

Obvious conformation characteristics:

### **TRAVEL SAFETY**

Give rules for riding safely on public roads in your state:

Describe procedure for mounted group crossing a public roadway:

Discuss the proper procedure for:

Loading mount:

Unloading mount:

### **LAND CONSERVATION**

- ♦ Write thank-you notes to two landowners who support your club and tell them why you appreciate being able to use their land. If you ride on public land, write a thank-you note to the manager or contact person.

**Name three important rules when riding across privately-owned land:**

**1.**

2.

3.

### **HEALTH CARE & VETERINARY KNOWLEDGE**

Name some symptoms of a sick or injured mount that would cause you to seek help:

### **INTRODUCTION TO HORSE SPORTS**

Name five horse sports that are offered in USPC:

1.

2.

3.

4.

5.

### **LEADING & LONGEING**

- ♦ *Demonstrate how to correctly jog mount*, moving mount forward with whip (if necessary).
- ♦ Lead mount safely from both sides:

### **FOOT & SHOEING**

Describe obvious signs of a foot needing shoeing or trimming:

### **BANDAGING**

- ♦ Apply protective boots (with supervision) on own mount.

Describe critical areas protected by shipping bandages or boots, and give reasons for their use:

*Note: Application of stable wrap is no longer required.*

#### TEACHING

- ♦ Teaching is not required at the D-3 test. D-3s are encouraged to assist D-1s and D-2s during unmounted Pony Club activities, not mounted activities.
- ♦ **No child is responsible for the safety of another child.**
- ♦ **There must always be adult supervision.**