

USPC Prep Guide C-2 2009



Name: _____



This prep outline has been prepared to help you cover the Horse Management aspects of the C2 Test. The riding aspects are listed for your information and you may want to check off the skills as you accomplish them; however, the region's Ratings Checklists are intended to be utilized for the riding portions of the test. The Horse Management area has plenty of space provided for you to fill in the answers. It is helpful for you to do this exercise because it not only gives you a great review format but it helps you organize your thoughts and put them on paper. This reinforces the knowledge and helps you verbalize your thoughts in the testing section. Please practice verbalizing your answers. Show your guide to your head instructor, DC and anyone else with horse knowledge because they will add bits and pieces of their experience and aspects that you may not have considered. The test will often ask for only a few of the multiple answers to the questions, but for this guide it is in your best interests to provide as many as you can. Also review all of the preceding prep-guides (D1-C1) in preparation for you testing, as any of that information may also be asked. ***** Please note that changes to the Standard of Proficiency for 2009 are in lowercase, bold and italic *****

RIDING TEST EXPECTATIONS

Candidate should ride with confidence and control on the flat and over fences, demonstrating a secure basic balanced position and progress toward an independent seat and coordinated use of aids; should initiate free forward movement establishing balance and rhythm while developing light contact.

RIDING ON THE FLAT

- ♦ ***Discuss the meaning of*** and ride, ***consistently demonstrating*** Riding Test Expectations.
- ♦ Demonstrate and discuss warm-up for flat work.
- ♦ Discuss warm-up schedule for three different activities of candidate's choice.
- ♦ Ride at the walk, trot, and canter, changing directions twice in each gait, using coordinated aids, ***balance and impulsion***, and smooth transitions.
- ♦ ***Demonstrate 15 and 20 meter circles, figure-8's, serpentines and work on the center or quarter lines to develop suppleness and straightness.***
- ♦ ***Demonstrate a free walk on a long rein, returning to a walk on contact.***
- ♦ ***Discuss aids for and demonstrate a rein-back of 2-3 steps.***
- ♦ ***Discuss aids for and demonstrate leg yield at the walk.***
- ♦ Halt squarely on centerline and stand quietly for five seconds.
- ♦ Ride without stirrups at all gaits.
- ♦ Develop a hand gallop from a canter and return to canter smoothly (performed individually).
- ♦ Discuss performance with Examiner, including rider position, evenness of rhythm & smoothness of transitions.

RIDING OVER FENCES

- ◆ Ride over fences using Riding Test Expectations.
- ◆ Discuss reasons for adjusting stirrups for different types of work.
- ◆ Perform simple gymnastic exercises (with striding adjusted to mount's stride) at trot or canter, ***finishing with an ascending oxer set at 3'. Fences not to exceed 3'.***
- ◆ Develop a plan of how to ride a stadium course. ***Course to consist of 7-9 jumps with the majority of fences set at, but not exceeding 3'.***
- ◆ Ride course according to plan.
- ◆ Discuss performance with Examiner, including rhythm maintained throughout the course.

RIDING IN THE OPEN

- ◆ Ride in a group at the walk, trot, and canter on a suitable mount.
- ◆ Demonstrate riding safely over varied terrain, as conditions allow. Discuss safety measures when riding over varied footing, i.e. water, mud, rocks, ice, bog, hard ground, sand, pavement.
- ◆ Ride over ***five to seven*** cross-country obstacles at appropriate speed (350-375 mpm), ***connecting fences as a course. The majority of obstacles should be set at, but no exceed 3'.***
- ◆ Discuss performance with Examiner, including reasons for any disobediences.

HORSE MANAGEMENT EXPECTATIONS

The candidate should show a solid awareness of cause and effect in horse management skills. Assistance/supervision is allowed in the demonstrations of bandaging, longeing, and loading mount.

TURN OUT/TACK

- ◆ Attire to be correctly formal or informal, as designated by the DC.
- ◆ Mount to show thorough grooming with no sweat or dirt, feet picked out and showing regular farrier care. Mane and tail to be brushed with no dandruff. Sheath or udder showing regular attention. Eyes, nose, lips and dock clean.
- ◆ Tack to be safe, clean (no jockeys, dust, cracked leather and all stress points clean), with metal polished, and well adjusted, reflecting regular care.

How do you clean your horse?

Are there special tricks that you use? Where did you learn these hints?

What is your daily grooming routine?

Explain proper adjustment of, and reasons for, equipment used on own mount for:

Flat work:

Over fences:

How do you clean your tack? Describe your routine for regular care of your tack:

CONDITIONING

Present a written outline of a six-to-eight-week conditioning and feeding program in preparation for a specific competition of candidate's choice and attach outline to this prep guide:

Competition: _____

Describe how to measure and record pulse, temperature, and respiration of own mount at rest:
(Practice!)

Provide vitals of own mount ***at work:***

Temp: _____ Pulse: _____ Resp: _____

NUTRITION

Describe own mount's ration when:

Developing fitness:

Maintaining fitness:

Taking day off:

Sick:

Roughed out:

STABLE MANAGEMENT

Describe caring for a mount efficiently and economically when:

Stabled - feed and water schedule, minerals needed, clothing, exercise, grooming:

At grass - safety check of pasture, fencing, water, mineral supply, shelter, feed, and grooming:

Discuss knowledge of safety measures, preparation and care of mount and equipment on day of strenuous work, including:

Feeding schedule:

Consideration of mount's condition:

Consideration of climate and terrain:

Cooling out:

Treatment of any injuries:

Making mount comfortable:

Discuss pasture safety and fencing:

Name three toxic plants in your area and describe appearance.

1.

2.

3.

PONY PARTS, CONFORMATION & LAMENESS

Name five basic conformation qualities that you want in a mount for your own use, and how they affect the basic movement and soundness (i.e., sloping shoulder means longer stride):

1.

2.

3.

4.

5.

Name and describe location on a mount the following unsoundnesses:

Ringbone:

Curb:

Bowed tendons:

Sidebone:

Spavin:

Navicular:

(Name and describe the following unsoundnesses continued):

Splint:

Thoroughpin:

Sprains:

TRAVEL SAFETY

- ◆ Be able to load and unload, with assistance, an experienced, cooperative mount. Describe procedure used in loading and unloading:

RECORD BOOK

- ◆ Record Book (health, maintenance, immunizations) must be kept up to date and brought to test.
- ◆ Must have records for at least 9 months prior to test. Records should reflect appropriate depth of knowledge for this level.

HEALTH CARE & VETERINARY KNOWLEDGE

List annual immunizations and health requirements appropriate for your area:

List prevalent internal parasites in your area:

Describe routine parasite prevention for your mount:

Describe how the following diseases are transmitted:

Tetanus:

Strangles:

Explain the need for the regular care of teeth:

TEACHING

- ◆ Candidate must bring a letter from DC that they are assisting in simple unmounted instructional programs for D-level Pony Club members with supervision.

Describe how you would assist a D-1 and/or D-2 to prepare for turnout:

LAND CONSERVATION

Name the zoning requirements for the county in which you keep your horse:

List the public land available to ride on in your county:

LONGEING

- ◆ Longe own mount for exercise in an enclosed area with assistance.

Discuss the following topics in relation to longeing your mount:

Methods:

Equipment:

Safety Precautions:

FOOT & SHOERING

Recognize and describe:

Good shoeing:

Bad shoeing:

Bandaging

- ♦ Apply a shipping and stable bandage, under supervision of examiner. (**Practice, Practice, Practice!**)

Give reasons for use:

Stable Bandage:

Shipping Bandage: